

ACTIVITIES OF THE JOURNEY! PS 123

Psalm 123:title A Song of degrees.

Psalm 123:1 Unto thee lift I up mine eyes, O thou that dwellest in the heavens.

Psalm 123:2 Behold, as the eyes of servants look unto the hand of their masters, And as the eyes of a maiden unto the hand of her mistress; So our eyes wait upon the LORD our God, Until that he have mercy upon us.

Psalm 123:3 Have mercy upon us, O LORD, have mercy upon us: For we are exceedingly filled with contempt.

Psalm 123:4 Our soul is exceedingly filled With the scorning of those that are at ease, And with the contempt of the proud.

Activities:

1. Looking | Looking to the Lord!

Psalm 123:1 Unto thee **lift I up mine eyes, O thou that dwellest in the heavens.**

Isaiah 45:22 Look unto me, and be ye saved, all the ends of the earth: For I am God, and there is none else.

Hebrews 12:1 Wherefore seeing we also are compassed about with so great a cloud of witnesses, let us lay aside every weight, and the sin which doth so easily beset us, and let us run with patience the race that is set before us, **Hebrews 12:2 Looking (ἀφορῶντες) unto (εἰς) Jesus the author and finisher of our faith;** who for the joy that was set before him endured the cross, despising the shame, and is set down at the right hand of the throne of God.

Numbers 21:7 Therefore the people came to Moses, and said, We have sinned, for we have spoken against the LORD, and against thee; pray unto the LORD, that he take away the serpents from us. And Moses prayed for the people. **Numbers 21:8** And the LORD said unto Moses, **Make thee a fiery serpent, and set it upon a pole: and it shall come to pass, that every one that is bitten, when he looketh upon it, shall live.** **Numbers 21:9** And Moses made a serpent of brass, and put it upon a pole, and it came to pass, that if a serpent had bitten any man, **when he beheld the serpent of brass, he lived.**

John 3:14 And as Moses lifted up the serpent in the wilderness, even so must the Son of man be lifted up:

John 8:28 Then said Jesus unto them, When ye have lifted up the Son of man, then shall ye know that I am he, and that I do nothing of myself; but as my Father hath taught me, I speak these things.

John 12:32 And I, **if I be lifted up** from the earth, will draw all men unto me. **John 12:33** This he said, signifying what death he should die.

There is something simple about the journey:

- **It begins with looking**
- **Looking for salvation**
- **Looking to the Lord alone**
- **Looking to the crucified Lord!**
- **And then, we keep on looking**
- **Looking to our sovereign Lord!**
- **We continue looking to Christ for all of our salvation**

2. Waiting | Waiting for the Lord!

Psalm 123:2 Behold, **as** the eyes of servants look unto the hand of their masters, **And as** the eyes of a maiden unto the hand of her mistress; **So** our eyes **wait** upon the LORD our God, **Until that he have mercy upon us.**

Several simple ideas:

- **Waiting**
- **Waiting for the Lord**
- **Waiting as a servant wants to please, serve, & follow their master's every whim**

- **Waiting till He motions**
- **Waiting till he answers**
- **Waiting till he directs**
- **Waiting till he commands**

Psalm 27:13 I had fainted, **unless** I had believed To see the goodness of the LORD in the land of the living.

Psalm 27:14 Wait on the LORD: Be of good courage, and he shall strengthen thine heart: Wait, I say, on the LORD.

Psalm 37:7 Rest in the LORD, **and wait patiently for him:** Fret not thyself because of him who prospereth in his way, Because of the man who bringeth wicked devices to pass.

Isaiah 40:29 He giveth power to the faint; And to them that have no might he increaseth strength. **Isaiah 40:30** Even the youths shall faint and be weary, And the young men shall utterly fall: **Isaiah 40:31 But they that wait upon the LORD** shall renew their strength; They shall mount up with wings as eagles; They shall run, and not be weary; And they shall walk, and not faint.

3. Seeking | Seeking from the Lord!

Psalm 123:3 Have mercy upon us, O LORD, have mercy upon us: For we are exceedingly filled with contempt.

4. (Still) Struggling | Struggling with life!

Psalm 123:4 Our soul is **exceedingly filled** With the scorning of those that are at ease, **And** with the contempt of the proud.

Amos 6:1 Woe to them that are at ease in Zion, And trust in the mountain of Samaria, Which are named chief of the nations, To whom the house of Israel came!