

BODY, MIND, AND SPIRIT... 2 TIMOTHY 4:9,13,21

Or, take a walk, eat a meal, get some rest...!

What can we learn from Paul's **last** chapter of his **last** book?

1. We are human!

2 Timothy 4:9 Do thy diligence to come shortly unto me:

2 Timothy 4:13 The cloke that I left at Troas with Carpus, when thou comest, bring with thee, and the **books**, but especially the parchments.

2 Timothy 4:21 Do thy diligence to come before winter. Eubulus greeteth thee, and Pudens, and Linus, and Claudia, and all the brethren.

Thoughts:

- Paul was human
- We are human
- We are NOT God
- We are NOT little gods
- We are NOT angels
- We are humans
- We have always been and will always be dependent
- Finite → so always dependent
- Fallen → so also now sinful

Job 7:17 What is man, that thou shouldest magnify him? And that thou shouldest set thine heart upon him? Job 7:18 And that thou shouldest visit him every morning, And try him every moment?

Psalm 8:4 What is man, that thou art mindful of him? And the son of man, that thou visitest him?

Psalm 144:3 LORD, what is man, that thou Takest knowledge of him! Or the son of man, that thou makest account of him! Psalm 144:4 Man is like to vanity: His days are as a shadow that passeth away.

2. We are humans **with** human needs!

2 Timothy 4:9 Do thy diligence to come **shortly** unto me:

2 Timothy 4:10 For Demas hath forsaken me, having loved this present world, and is departed unto Thessalonica; Crescens to Galatia, Titus unto Dalmatia.

2 Timothy 4:13

The cloke (τὸν φερόνην) that I left at Troas with Carpus, when thou comest, bring with thee, and the books (τὰ βιβλία), but especially the parchments (τὰς μεμβράνας).

2 Timothy 4:16 At my first answer no man stood with me, but all men forsook me: I pray God that it may not be laid to their charge.

2 Timothy 4:21 Do thy diligence to come **before winter**. Eubulus greeteth thee, and Pudens, and Linus, and Claudia, and all the brethren.

I'm trying to be helpful & practical. I'm not trying to formulate a doctrine of man...

I'm also not trying to start a new denomination!

- We need friends
- We cannot do without friends
- We get cold
- We have needs
- We will have them to the end of life
- We might be abandoned
- We might be opposed
- We might be betrayed
- We might be hurt

Broadly conceived:

One person – connected and interconnected:		
A life <i>in</i> the body	A life <i>of</i> the mind+ Including things like : Creativity Meaning Identity Discovery Passion	A life <i>with</i> the Lord
<u>The cloke (Τὸν φελόνην)</u>	<u>the books (τὰ βιβλία)</u>	<u>the parchments (τὰς μεμβράνας)</u>

3. Human needs met with the **corresponding** solutions!

2 Timothy 4:9 Do thy diligence to come shortly unto me: **2 Timothy 4:10** For Demas hath forsaken me, having loved this present world, and is departed unto Thessalonica; Crescens to Galatia, Titus unto Dalmatia.

2 Timothy 4:13 The cloke that I left at Troas with Carpus, when thou comest, bring with thee, and the books, but especially the parchments.

2 Timothy 4:21 Do thy diligence to come before winter. Eubulus greeteth thee, and Pudens, and Linus, and Claudia, and all the brethren.

1 John 3:17 But whoso hath this world's good, and seeth his brother have need, and shutteth up his bowels of compassion from him, how dwelleth the love of God in him?

2 John 12 Having many things to write unto you, I would not write with paper and ink: but I trust to come unto you, and speak **face to face** (στόμα πρὸς στόμα), that our joy may be full.

3 John 13 I had many things to write, but I will not with ink and pen write unto thee: **3 John 14** but I trust I shall shortly see thee, and we shall speak **face to face** (στόμα πρὸς στόμα). Peace be to thee. Our friends salute thee. Greet the friends by name.

Winter & cold → a cloak and not prayer

Spiritual food → the parchments

Goals, vision, dreams,... → the books

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James 2:14 What doth it profit, my brethren, **though a man say** he hath faith, and have not works? can faith save him? **James 2:15** **If** a brother or sister be naked, and destitute of daily food, **James 2:16** **And one of you say** unto them, Depart in peace, be ye warmed and filled; notwithstanding ye give them not those things which are needful to the body; what doth it profit? **James 2:17** Even so faith, if it hath not works, is dead, being alone.

When you are cold → prayer doesn't help

When you are tired → books won't help

When you need exercise → church won't help

When you need meaning / purpose / identity → food won't help

When you are discouraged → ice cream / candy / a pie / food won't help

Sometimes you need a walk, weights, exercise

Sometimes you need a book, adventure, task, calling, discovery

Sometimes you need the Bible, prayer, Christian friends

4. Human needs that can **only** be met with corresponding solutions.