

# IN THE BOOK #1: A **QUIET TIME** AND PLACE MARK 6:31-32

What does this mean? What does this look like?

## 1. A quiet time and place – **outside the race!**

Mark 6:31 And he said unto them, **Come ye yourselves apart into a desert place, and rest a while:** for there were many coming and going, and they had no leisure so much as to eat.

This is one of the strongest commands possible in the Scripture:

Come...apart = Δεῦτε

Ye = ὑμεῖς

Yourselves = αὐτοὶ

(Untranslated) = κατ' ἰδίαν – personally / individually / by themselves

Mark 6:32 And they departed **into a desert place** by ship **privately** (κατ' ἰδίαν). Mark 6:33 And the people saw them departing, and many knew him, and ran afoot thither out of all cities, and outwent them, and came together unto him. Mark 6:34 And Jesus, when he came out, saw much people, and was moved with compassion toward them, because they were as sheep not having a shepherd: and he began to teach them many things. Mark 6:35 And when the day was now far spent, his disciples came unto him, and said, **This is a desert place,** and now the time is far passed:

**The race is called Life! What does this consist of?**

**And then there is the noise and especially our addiction to noise!!!**

**And then there are the screens.**

**What does this look like?**

### ➤ A time(s)

There is no need for extreme lengths of time

Use the naturally occurring times:

Shower, bedtime, rising, break time at work, travel times, etc.

### ➤ A place(s)

Think of this as your escape rooms / spaces....

Out → in → out → in → out...

Mark 1:3 The voice of one crying **in the wilderness** (ἐν τῇ ἐρήμῳ), Prepare ye the way of the Lord, make his paths straight.

Mark 1:4 John did baptize **in the wilderness** (ἐν τῇ ἐρήμῳ), and preach the baptism of repentance for the remission of sins.

Mark 1:12 And immediately the Spirit driveth him **into the wilderness** (εἰς τὴν ἐρημον). Mark 1:13 And he was there **in the wilderness** (ἐν τῇ ἐρήμῳ) forty days, tempted of Satan; and was with the wild beasts; and the angels ministered unto him.

Mark 1:35 And in the morning, rising up a great while before day, he went out, and departed into **a solitary place** (εἰς ἔρημον τόπον), and there prayed.

Mark 1:45 But he went out, and began to publish it much, and to blaze abroad the matter, insomuch that Jesus could no more openly enter into the city, but was without **in desert places** (ἐν ἐρήμοις τόποις): and they came to him from every quarter.

Mark 6:31 And he said unto them, Come ye yourselves apart into **a desert place** (εἰς ἔρημον τόπον), and rest a while: for there were many coming and going, and they had no leisure so much as to eat. Mark 6:32 And they departed into **a desert place**

(ἐρημον τόπον) by ship privately. Mark 6:35 And when the day was now far spent, his disciples came unto him, and said, **This is a desert place** (ἔρημός ἐστιν ὁ τόπος), and now the time is far passed:

Mark 6:46 And when he had sent them away, he departed **into a mountain** (εἰς τὸ ὄρος) to pray.

### ➤ Rhythm

If you miss the appointment, the next one is coming! Pick up there!

### ➤ Obedience!

Mark 6:31 And he said unto them, **Come ye yourselves apart into a desert place, and rest a while:** for there were many coming and going, and they had no leisure so much as to eat.

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## 2. A Quiet Time and place **before God's face!**

**Mark 6:31** And he said unto them, Come ye yourselves apart into a desert place, and rest a while: for there were many coming and going, and they had no leisure so much as to eat.

**Mark 6:45** And straightway he constrained his disciples to get into the ship, and to go to the other side before unto Bethsaida, while he sent away the people. **Mark 6:46** And when he had sent them away, he departed into a mountain to pray.

**Matthew 6:1** Take heed that ye do not your alms before men, to be seen of them: otherwise ye have no reward of **your Father which is in heaven.**

**Matthew 6:4** That thine alms may be in secret: and **thy Father which seeth in secret** himself shall reward thee openly.

**Matthew 6:6** But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, **pray to thy Father which is in secret;** and **thy Father which seeth** in secret shall reward thee openly.

**Matthew 6:8** Be not ye therefore like unto them: **for your Father knoweth** what things ye have need of, before ye ask him.

**Matthew 6:18** That thou appear not unto men to fast, but unto **thy Father which is in secret:** and **thy Father, which seeth in secret,** shall reward thee openly.

Religion(s):	Biblical Christianity:
External	Personal → God and me
To be seen / known by people	To be seen& known by God
Ritualistic (sign of the cross )	Spontaneous / instinctive
Formal	Rhythmic

**Hebrews 11:27** By faith he forsook Egypt, not fearing the wrath of the king: **for he endured, as seeing him who is invisible.**

**Isaiah 30:7** For the Egyptians shall help in vain, and to no purpose: Therefore have I cried concerning this, **Their strength is to sit still.**

**Isaiah 30:15** For thus saith the Lord GOD, the Holy One of Israel; **In returning and rest shall ye be saved; In quietness and in confidence shall be your strength: And ye would not.**

**Isaiah 7:3** Then said the LORD unto Isaiah, Go forth now to meet Ahaz, thou, and Shear-jashub thy son, at the end of the conduit of the upper pool in the highway of the fuller's field; **Isaiah 7:4** **And say unto him, Take heed, and be quiet; Fear not, neither be fainthearted For** the two tails of these smoking firebrands, For the fierce anger of Rezin with Syria, and of the son of Remaliah. **Isaiah 7:5** Because Syria, Ephraim, and the son of Remaliah, Have taken evil counsel against thee, saying, **Isaiah 7:6** Let us go up against Judah, and vex it, And let us make a breach therein for us, And set a king in the midst of it, even the son of Tabeal: **Isaiah 7:7** Thus saith the Lord GOD, It shall not stand, neither shall it come to pass. **Isaiah 7:8** For the head of Syria is Damascus, And the head of Damascus is Rezin; And within threescore and five years shall Ephraim be broken, that it be not a people. **Isaiah 7:9** And the head of Ephraim is Samaria, And the head of Samaria is Remaliah's son. If ye will not believe, surely ye shall not be established.

**Psalms 46:10** **Be still, and know that I am God:** I will be exalted among the heathen, I will be exalted in the earth.

## 3. A time and place **for some / his Grace!**

**Mark 6:31** And he said unto them, Come ye yourselves apart into a desert place, **and rest a while:** for there were many coming and going, and they had no leisure so much as to eat.

**Proverbs 27:7** The full soul loatheth an honeycomb; **But to the hungry soul every bitter thing is sweet.**

**Hebrews 4:16** Let us therefore come boldly unto the throne of grace, **that we may obtain mercy, and find grace to help in time of need.**

**Acts 20:32** And now, brethren, I commend you to **God, and to the word of his grace,** which is able to build you up, and to give you an inheritance among all them which are sanctified.

**1 Peter 5:10** **But the God of all grace,** who hath called us unto his eternal glory by Christ Jesus, after that ye have suffered a while, make you perfect, stablish, strengthen, settle you.

**1 Peter 5:11** To him be glory and dominion for ever and ever. Amen.

**Mark 1:35** And in the morning, rising up a great while before day, he went out, **and departed into a solitary place, and there prayed.**

**Mark 6:46** And when he had sent them away, he departed into a mountain to pray.