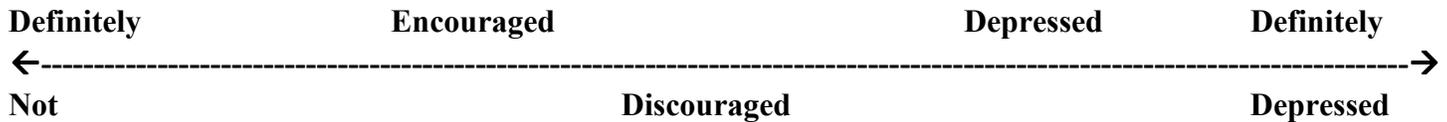


CHARACTERISTICS OF DEPRESSION:



Depression is a continuum & not a box.

Often more about movement: back & forth, backward & forward.

- Walking in darkness
- The common cold of the mind
- Feeling down all the time
- Anxiety / panic attacks
- Loss of appetite / weight & their opposite
- Difficulty thinking clearly
- Sleep problems:

Initial insomnia: difficulty falling asleep

Middle insomnia: difficulty reaching deeper levels of sleep

Terminal insomnia: wake up 2 /3x per night and can't get back to sleep

Hypersomnia: all you want to do is sleep

- “Always” language: always
- Feelings of worthlessness
- Recurrent thoughts of death
- Crying easily
- Overly sensitive
- Seeing everything through a negative filter
- Feeling hopeless about the future
- Aches & pains that do not have another cause
- Chronic fatigue
- Inability to feel pleasure

Mega-characteristics:

- Must be severe
- Have gone on for an extended period of time
- No real progress
- Thoughts of suicide

A CHECK LIST

I. Is this **medical**?

II. Is this **circumstantial** / **situational**?

III. Is this **biological** / **chemical**?

IV. Is this **mental**?

V. Is this **cultural**?

VI. Is this **supernatural**? Mark 5:1-5

In some circles this is central and in others it is unknown! So what should we think?

1. We believe in the supernatural

Meaning: Satan & demons

2. We believe in the supernatural because Scripture **both** records **and** teaches about the supernatural.

3. We believe Satan has his own agenda for mankind!

2 Thessalonians 2:7 For the mystery of iniquity (Τὸ...μυστήριον...τῆς ἀνομίας) doth **already** work: only he who now letteth will let, until he be taken out of the way.

John 10:10 The thief cometh **not**, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly.

Revelation 9:11 And they had a king over them, which is the angel of the bottomless pit, whose name in the Hebrew tongue is **Abaddon** (Ἐβραϊστί Ἀββαδὼν), but in the Greek tongue (τῇ Ἑλληνικῇ) hath his name **Apollyon** (Ἀπολλύων).

2 Corinthians 2:11 Lest Satan should get an advantage of us: for we are not ignorant of his devices (τὰ νοήματα).

Ephesians 6:10 Finally, my brethren, be strong in the Lord, and in the power of his might. **Ephesians 6:11** Put on the whole armour of God, that ye may be able to stand against the wiles (τὰς μεθοδείας τοῦ διαβόλου) of the devil. **Ephesians 6:12** For we wrestle **not** against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.

1 Thessalonians 2:18 Wherefore we would have come unto you, even I Paul, once and again; **but Satan hindered us.**

4. We do **not** believe in the omniscience, omnipresence, or omnipotence of Satan.

1 Peter 5:8 Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour: **1**

Peter 5:9 Whom resist stedfast in the faith, knowing that the same afflictions are accomplished in your brethren that are in the world.

Job 1:7 And the LORD said unto Satan, Whence comest thou? Then Satan answered the LORD, and said, **From going to and fro in the earth, and from walking up and down in it.** **Job 1:12** And the LORD said unto Satan, Behold, all that he hath is in thy power; **only** upon himself put **not** forth thine hand. So Satan went forth from the presence of the LORD.

Job 2:2 And the LORD said unto Satan, From whence comest thou? And Satan answered the LORD, and said, **From going to and fro in the earth, and from walking up and down in it.** **Job 2:6** And the LORD said unto Satan, Behold, he is in thine hand; **but** save his life.

5. We also **don't** believe Satan / the demonic is omni-causal!

Our common enemies:

World

Flesh

Devil

Satan & his demons use the other 2 in opposing us.

Ephesians 2:1 And you hath he quickened, who were dead in trespasses and sins; **Ephesians 2:2** Wherein in time past ye walked according to the course of this world (τὸν αἰῶνα τοῦ κόσμου τούτου), according to the prince of the power of the air, the spirit that now worketh in the children of disobedience: **Ephesians 2:3** Among whom also we all had our conversation in times past in the lusts of our flesh, fulfilling the desires of the flesh and of the mind; and were by nature the children of wrath, even as others.

Ephesians 2:4 But God, who is rich in mercy, for his great love wherewith he loved us, **Ephesians 2:5** Even when we were dead in sins, hath quickened us together with Christ, (by grace ye are saved;) **Ephesians 2:6** And hath raised us up together, and made us sit together in heavenly places in Christ Jesus: **Ephesians 2:7** That in the ages to come he might shew the exceeding riches of his grace in his kindness toward us through Christ Jesus.

No Flip Wilson: The devil made me do it!

Or, for every sin: It's a demon of

And all that's needed is an exorcism / casting out the demon and voila → all is good and forgiven!

6. We believe this will usually be obvious & easily discerned.

The NT cases were **not** hidden.

Usually this is combined with drugs, alcohol, occult, music, lifestyle....