

## ROUND FOUR: IN HIS HEART 1 SAM. 27:1-28:2

“I had just read a book on weight where the author said r  
in your mouth!”

anything & everything that you put

### I. We all have an interior life!

**1 Samuel 27:1** And David **said in his heart**, I shall now perish one day by the hand of Saul: *there is nothing better for me than that I should* speedily escape into the land of the Philistines; and Saul shall despair of me, to seek me any more in any coast of Israel: so shall I escape out of his hand.

Isn't this somewhat obvious?

- An ongoing, constant, actual conversation
- Usually unknown & definitely unnoticed
- Under the breath
- Under the radar
- Almost always a monologue

### II. An interior life that controls our exterior life!

**1 Samuel 27:1** And David **said** in his heart, I shall now perish one day by the hand of Saul: *there is nothing better for me than that I should* speedily escape into the land of the Philistines; and Saul shall despair of me, to seek me any more in any coast of Israel: so shall I escape out of his hand.**1 Samuel 27:2** And David **arose**, and he **passed over** with the six hundred men that *were* with him unto Achish, the son of Maach, king of Gath.**1 Samuel 27:3** And David **dwelt** with Achish at Gath, he and his men, every man with his household, *even* David with his two wives, Ahinoam the Jezreelitess, and Abigail the Carmelitess, Nabal's wife.

Very simple logic: David listened to himself & followed his own advice → immediately!

Sin / wrong / dumb doesn't just happen!!!

#### Thoughts:

- Internal → external
- Interior → exterior
- Thoughts → actions
- Thoughts → words
- Thoughts → habits
- Heart → mouth
- Abundance → speaking

**1 Chronicles 28:9** And thou, Solomon my son, know thou the God of thy father, and serve him with **a perfect heart** and with **a willing mind: for the LORD searcheth all hearts, and understandeth all the imaginations of the thoughts:** if thou seek him, he will be found of thee; but if thou forsake him, he will cast thee off for ever.

**2 Chronicles 12:14** And he did evil, **because** he prepared not his heart to seek the LORD.

**Mark 7:14** And when he had called all the people *unto him*, he said unto them, Harken unto me every one *of you*, and understand:**Mark 7:15** There is nothing **from without** a man, that entering into him can defile him: but the things which **come out of him**, those are they that defile the man.**Mark 7:16** **If** any man have ears to hear, let him hear.**Mark 7:18** And he saith unto them, Are ye so without understanding also? Do ye not perceive, that whatsoever thing from without entereth into the man, *it* cannot defile him;**Mark 7:19** Because it entereth not into his heart, but into the belly, and goeth out into the draught, purging all meats?**Mark 7:20** And he said, That which cometh out of the man, that defileth the man.**Mark 7:21** **For from within, out of the heart of men, proceed evil thoughts, adulteries, fornications, murders,****Mark 7:22** Thefts, covetousness, wickedness, deceit, lasciviousness, an evil eye, blasphemy, pride, foolishness:**Mark 7:23** **All these evil things come from within, and defile the man.**

**Matthew 12:34** O generation of vipers, how can ye, being evil, speak good things? **for out of the abundance of the heart the mouth speaketh.****Matthew 12:35** A good man **out of the good treasure of the heart** bringeth forth good things: and an evil man **out of the evil treasure** bringeth forth evil things.**Matthew 12:36** But I say unto you, That every idle word that men shall speak, they shall give account thereof in the day of judgment.**Matthew 12:37** **For** by thy words thou shalt be justified, and by thy words thou shalt be condemned.

### III. An interior life that **must** be monitored - lest...!

**1 Samuel 27:1** And David said in his heart, I shall now perish one day by the hand of Saul: *there is* nothing better for me than that I should speedily escape into the land of the Philistines; **and Saul shall despair of me, to seek me any more in any coast of Israel: so shall I escape out of his hand.****1 Samuel 27:4** And it was told Saul that David was fled to Gath: **and he sought no more again for him.****1 Samuel 27:6** Then Achish gave him **Ziklag** that day: wherefore **Ziklag** pertaineth unto the kings of Judah **unto this day.**

### **By God's grace, mercy & providence:**

- David didn't die
- Saul actually stopped chasing him
- David received Ziklag

### **And, on the other side:**

- David had to join God's enemies
- David had to pretend / lie about his "friendship."
- David had to hide his true intentions
- David had to lie about / hide his true activities
- David had to violate himself and even Scripture

**Deuteronomy 4:9** Only take heed to thyself, and keep thy soul diligently, lest thou forget the things which thine eyes have seen, and lest they depart from thy heart all the days of thy life: but teach them thy sons, and thy sons' sons;

**Psalm 57:7** My heart is fixed, O God, my heart is fixed: I will sing and give praise.

**Proverbs 4:23** Keep thy heart with all diligence; **for out of it are the issues of life.**

**Proverbs 14:30** A sound heart *is* the life of the flesh: but envy the rottenness of the bones.

**Proverbs 23:19** Hear thou, my son, and be wise, and guide thine heart in the way.

**Proverbs 28:26** He that trusteth in his own heart is a fool: but whoso walketh wisely, he shall be delivered.

**Psalm 139:23** Search me, O God, and know my heart: try me, and know my thoughts:**Psalm 139:24** And see if *there be any* wicked way in me, and lead me in the way everlasting.

**Psalm 19:14** Let the **words** of my mouth, and the **meditation** of my heart, be acceptable in thy sight, O LORD, my strength, and my redeemer.

### **Thoughts:**

- Stop listening to yourself!
- Start preaching to yourself!
- Stop being passive
- Start being active / proactive
- Stop the **monologue!**
- Start a **dialogue!**

**1 Samuel 16:12** And he sent, and brought him in. Now he *was* ruddy, *and* withal of a beautiful countenance, and goodly to look to. **And the LORD said, Arise, anoint him: for this is he.****1 Samuel 16:13** Then Samuel took the horn of oil, and anointed him in the midst of his brethren: and the Spirit of the LORD came upon David from that day forward. So Samuel rose up, and went to Ramah.

**1 Samuel 23:16** And Jonathan Saul's son arose, and went to David into the wood, and strengthened his hand in God.**1 Samuel 23:17** And he said unto him, Fear not: for the hand of Saul my father shall **not** find thee; **and thou shalt be king over Israel**, and I shall be next unto thee; and that also Saul my father knoweth.

**1 Samuel 24:20** And now, **behold, I know well that thou shalt surely be king**, and that the kingdom of Israel shall be established in thine hand.

**1 Samuel 25:30** And it shall come to pass, when the LORD shall have done to my lord according to all the good that he hath spoken concerning thee, **and shall have appointed thee ruler over Israel;**

**1 Samuel 26:25** Then Saul said to David, Blessed *be* thou, my son David: **thou shalt both do great things, and also shalt still prevail.** So David went on his way, and Saul returned to his place.