

## HUMOR IN THE HOME ECC. 2:24, 3:10-14; 5:18-19

<b>No Humor</b>	<b>Healthy Humor</b>	<b>Wrong kind of humor</b>
They don't get humor	Humor flows from the heart	They use humor to hurt / put people down
The question: What did you <b>mean</b> by that?  They don't understand the humor!	Families filled with: <ul style="list-style-type: none"> <li>➤ Nick names</li> <li>➤ Reparte</li> <li>➤ Banter</li> <li>➤ Funny stories</li> </ul>	The question (again): What did you <b>mean</b> by that?  They are assuming that everyone is trying to hurt them
Just joking! Just kidding! I'm sorry!	No explanation given / needed → it is a joke	Mean spirited and obvious
Clueless among humor → <u>almost</u> <b>perpetually</b> offended	Humor as part of life & flowing from life	Almost all humor revolves around jokes that are sexual Everything is a <b>double entendre</b> - filthy humor.  <u>Ephesians 5:4</u> Neither <b>filthiness</b> (αἰσχρότης), nor <b>foolish talking</b> (μωρολογία), nor <b>jesting</b> (εὐτραπελία), which are not convenient: but rather <b>giving of thanks</b> (εὐχαριστία).  <u>Ephesians 4:29</u> Let no corrupt communication proceed out of your mouth, but that which is good to the use of edifying, that it may minister grace unto the hearers.
No self-deprecating humor They don't get "what" you said!	Self-deprecating humor is common – we <u>don't</u> take self too seriously	No self-deprecating humor They don't get "why" you would say it!

**My question: Can a merry heart be learned? If so how?**

### **I. Enjoy your life!**

Ecclesiastes 2:24 There is nothing better for a man, **than that he should eat and drink**, and that he should make his soul enjoy good in his labour. This also I saw, that it was from the hand of God.

Ecclesiastes 3:12 I know that there is no good in them, **but for a man to rejoice, and to do good in his life.** Ecclesiastes 3:13 **And also that every man should eat and drink**, and enjoy the good of all his labour, it is the gift of God.

Ecclesiastes 5:18 Behold that which I have seen: **it is good and comely for one to eat and to drink**, and to enjoy the good of all his labour that he taketh under the sun all the days of his life, which God giveth him: for it is his portion. Ecclesiastes 5:19 Every

**man also to whom God hath given riches and wealth, and hath given him power to eat thereof, and to take his portion, and to rejoice in his labour; this is the gift of God.**

I am 100% against wine tasting but I am 100% for the concept of tasting / experiencing life!

Tasting food	Tasting water	Slowing down
Smelling flowers	Looking at moons	Savoring aromas
Listening to birds	Experiencing sunsets	Feeling the snow
Smelling rain	Touching a child	Sharing an experience

**1 Corinthians 10:31 Whether therefore ye eat, or drink, or whatsoever ye do, do all to the glory of God.**

**Proverbs 15:13** A merry heart maketh a cheerful countenance: but by sorrow of the heart the spirit is broken.

**Proverbs 15:15** All the days of the afflicted are evil: but he that is of a merry heart hath a continual feast.

**Proverbs 17:22** A merry heart doeth good like a medicine: but a broken spirit drieth the bones.

### **Equation:**

**God's goodness**

**The God-given ability to enjoy it**

**A merry heart = how we look at life**

**The instinctive response: smile**

Enjoying life in the mundane, the day-to-day, in the details...!